


## Sandwiches / Rolls / Wraps

### Hyfibre Wholemeal bread and rolls

**Filling: Cheese, Lettuce, Tomato, Carrot**

	Sandwich	Rolls
Cheese – Low Fat	3.50	4.00
Salad (No Meat)	3.50	4.00
Beef	3.50	4.00
Chicken	3.50	4.00
Leg Ham	3.50	4.00
Beef Salad	4.50	5.00
Chicken Salad	4.50	5.00
Leg Ham Salad	4.50	5.00
Wraps	5.00	

### Fillings (extra cost)

Tomato	.30	
Pickled Onions	.30	
Grated Carrot	.30	
Gherkins	.30	
Lettuce	.30	
Cheese	.50	
Mayonnaise – Low Fat	.20	
Tomato Sauce	No Charge	

### Hot Food with or without sauce

Hot Dog in Hyfibre Bread	3.50
Hot Dog in Hyfibre Roll	4.00
Hot Leg Ham and Cheese Hyfibre Roll	4.00
Hot Chicken Hyfibre Roll	4.00
Lasagne – Traditional	4.00
Spaghetti Bolognese Sauce	4.00
Cup of Noodles – Beef or Chicken	2.50
Cup of Soup – Chicken or Pumpkin	2.00

McCues Low Fat Sausage Roll	3.50
McCues Low Fat Meat Pie	3.50
Nottstein's Pizza Slice	3.50
Tomato Sauce	No Charge

If wanting a Squeezy Sauce Portion .40 extra

**Mondays, Tuesdays and  
Wednesdays it is open for snacks  
Thanks to our SRC reps 😊**

## Hot Baked Potatoes

Homemade Spaghetti Bolognese topped with Low Fat Cheese \$4.50

Lean Ham, Low Fat Cheese with Crushed Pineapple \$4.50

Baked Beans and Low Fat Cheese \$4.50

Squeezy Sauce Portion .40 extra  
(Tomato, BBQ)



## Hot Toasted Sandwiches

### (Hyfibre Wholemeal Bread)

Low Fat Cheese	4:00
Baked Beans and Low Fat Cheese	4.50
Lean Ham, Low Fat Cheese & Tomato	5:00
Lean Ham and Low Fat Cheese	4.50

## Hot Chicken Munchies

3 x Chicken Breast Wedges	2.50
Squeezy Sauce Portion	.40 extra
(Tomato, BBQ, Sweet Chilli)	

## Muffins

Muffins (homemade) 1.00

## Chips/Bars

Red Rock 28g 1.20

## Juice/Water

Berri Fruit Juice – 350ml	3.00
<i>Apple, Multi-V, Tropical</i>	
Bottled Water – 600ml	2.00

**CANTEEN IS OPEN  
THURSDAY AND FRIDAY  
FOR LUNCHES**

## Low Fat Dairy Products

Cheese and 5 crackers	3.50
Strawberry Milk	3.00
Chocolate Milk	3.00
Honeycomb Milk	3.00
Yoghurt Sticks	.15 each
Yoghurt Sticks	\$1.50 bags
Yoghurt Sticks	\$1.00 bags
Raspberry Twists	.15 each
Raspberry Twists	\$1.00 bags
Raspberry Twists	\$1.50 bags

## Icecreams

Quelch Sticks	.50
Icy Twist	1.00
Paddle Pop (Rainbow, Banana, Chocolate)	1.50
Cyclone	1.70
Icecream Cup	1.00
Choc Shake	2.00

- **Canteen volunteers will not toast or heat food brought from home.**
- Drinks and icecreams can be bought from the canteen during recess and after the eating bell at lunchtime.
- **Orders must be in by 9.30 am.** Children who forget to place their bags in classroom lunch baskets, please bring over to Canteen immediately and lunch will be prepared and put in the basket.
- **Only forgotten lunches** will be put on account. If children do not have correct money, no credit will be given.
- If you would like your child to have ordered food for **recess** please indicate on the lunch bag.