

To all Students, Families, Staff and Community Members

Welcome to the first newsletter for 2023

It has been a busy start to the school year with students settling into new classes and all of us enjoying a more normal start than last year. It was great to meet some parents and families across the first week as they dropped their children off and helped children settle in for their first days at school. In every school there are things that stand out when you are new, and for me I am so impressed with our students. I have found them to be polite and kind, with exceptional manners, willing to engage in their learning from the first day. This gives me confidence that we will see every child grow and find success.



Along with the teaching and support staff, the leadership team this year is in a strong position to provide support and guidance for our school as we progress growth for every child, in every class. It is a privilege to lead in such a supportive team and I'm sure you will appreciate their contributions to this newsletter and the school more broadly.

Leadership Team for 2023



Jacob Dawson
Principal



Katelyn Boughen
P-2 Leader



Emily Edwards
3-6 Leader



Jane Manowski
7-12 Leader



Alex Pfeiffer
School Operations

Welcome Corey!

In addition to the staff many of you are familiar with, we also welcome Mr Corey White to the team in the 5/6 class.

Corey is already making positive impacts on learning in his classroom.



Swimming Carnival



This Friday, 10th February we have our annual Swimming Carnival, which prepares students for the Interschool Swimming later this month. The weather is shaping up to be warm, which will be great for a day in the pool. This event is open to parents and families to come along and watch or pop in for a visit to see your children participating. It provides an opportunity to celebrate the great pool facility we have as a school.

KAS Athletics Carnival

The Karoonda Area School Athletics Carnival together with the Preschool – Year 2 Run Jump and Throw events will be held on Thursday 2nd March with the following day, 3rd March being a Pupil Free Day. Please place these dates on your calendar as we would be thrilled to see you cheering on the students.



Mobile Phones

While there has been much coverage in the media about the Department's new mobile phone policy, there has been minimal impact on Karoonda. At this stage, I have not seen any issues with our students, as they are actively engaged in learning and play throughout the day. We are in the process of making some minor edits to the existing mobile phone policy, which will be published to the school community, knowing that our existing policy is mostly in line with the new requirements anyway.



Meet & Greet Night

On Tuesday 21st February, we will hold a Meet & Greet night for all parents/families starting at 4:00 pm with a BBQ to follow. This is a chance to meet with your child's teachers, see some of their initial work for the year and discuss how we can best support your child's success.



I also look forward to meeting families at this event and sharing around our school's future directions as part of the Governing Council AGM. This year will be significant in setting the course for the future of the school and I encourage as many people as possible to get involved in the Governing Council or committees to contribute to our growth and be part of the decisions.

Our Improvement Goals

The School Improvement Plan will be formally presented at the Governing Council AGM, now that all staff have contributed to revising and updating our goals. This year we continue the work started in improving student achievement in Writing and Mathematics, whilst adding a third goal to improve Reading across the school. Our team will be working hard this year to support every child to grow in these core goals and to find success in their areas of strength.



Swimming Pool

In starting at the school this year, I became aware that there have been some issues with the swimming pool, in particular affecting swimming lessons held during the summer break. We are working collaboratively with the local council to address concerns and develop clear ways of working that enable community to make use of this facility. We as a school need to remain focused on student learning as our number one priority, so are working with Council to support community use that is outside school hours. Our maintenance and management to keep the pool functioning daily is improving and we will continue to get smoother in this. I know you will be patient with me and the team here at school as we get our heads around how best to keep the pool operating, and I welcome your feedback in the areas that we have authority over.



JACOB DAWSON
Principal

What's New in P to 2?

Welcome back to the 2023 school year from the Early Years Team (Preschool to Year 2). We have certainly 'hit the ground running!'

We have eleven excited new preschool children with myself, Miss Katelyn Boughen, as the Preschool Educator. We have an enthusiastic Reception class of twelve taught by Mrs Julie Boughen and an energetic Year 1/2 class of seventeen taught by Mrs Tanya Roberts & Mrs Allison Boughen.

This year I will be the Coordinator for this sub-school and we endeavor to work closely, and in partnership, with you at home to ensure your child is thriving at KAS.

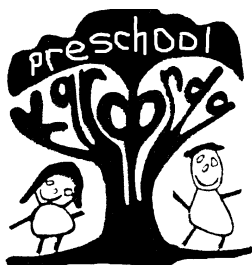
We will be running our main literacy program, InitialLit, again in 2023. Teachers are as follows:

- Reception Mrs Julie Boughen
- Year 1 Mrs Tanya Roberts
- Year 2 Miss Bridey Merritt

Miss Bridey Merritt has shown excellent competency in her first year of teaching with us in 2022 and is excited to extend her skillset to take on InitialLit-2 in 2023. Please do not hesitate in contacting your child's teacher with any queries, concerns or feedback.

Mrs Karen Wegner, SSO, is another valuable member of our sub-school team. She will be in the Preschool as the second educator on Preschool days and will be in and out of the Reception and Year 1/2 classes supporting the educators and students with their teaching and learning.

Preschool



Top left to right: Katie Anderson, Emmerson Cram, Larney Staker, Mason Marchant, Clare Hunter

Bottom left to right: Bryce Shillabeer, Troy Morgan, Chayce Ashby, Maggie Neumann, Henrietta Pratt, Ally Rudiger

Week 1 was all about settling into Preschool life and routines for our Preschool children and their families. It was a highly successful week with the children already showing great confidence and capabilities in their new learning environments. They are an excitable and inquisitive group of children and are extremely helpful too. They enjoyed a trip to the Principal's Office and the Library on Tuesday and we picked some apples from our trees on Thursday ready for some cooking projects in Week 2.

Reception



Left to right: Harry Engler, Nate Kleemann, Skyla Ziggy, Uhmahlah Salter, Walter Laws, James Flynn-D'Arcy, Rhett Hunt, Xavier Bullard, Nat Rudiger, Connor Rudiger, Ryder Zadow, Dustin Tomkinson

We have had a busy week, with the children participating in new school experiences quite enthusiastically. The children met our teacher's pet-a soft toy who talks only to the teacher about class positives in learning and behaviour which she then shares with the children. PE in the gym, Drama with Miss Edwards, STEM with Mrs Brodie and Shared Play in the Preschool were all thoroughly enjoyed. The children love stories and play with gusto. They are settling to the direct instruction of InitialLit with some brain breaks. Overall, a fantastic first week!

Year 1/2



Top left to right: Christina Kilroy, Jarrett Rudiger, Michael Anderson, Ava Ashby, Maisie Marsh, Safia Morgan, William Russell
 Bottom left to right: Jasmine Cram, Jylan Hunt, Leni Paech, Callie McAlpine, Pheobe Rooke, Chloe Parsons, Evie Rudiger, Isobel Bullard
 Absent: Devon Porker & Felicia Herrmann

We have shown that the year ahead has a 'rainbow of possibilities'. The children have settled into class routines. They've created self-portraits and established class rules. PE with both Mrs Boughen and Mrs Roberts has been the highlight and even joining in with our new Receptions to teach them their most loved games. Brain breaks have involved tapping sticks to the beat of tunes with Mrs Boughen and learning mindfulness and what our brain needed in order for us to learn.

The Reception to Year 2 children and staff are looking forward to their Splash Carnival at the 2023 KAS Swimming Carnival on Friday and hope to see many supportive parents and families there, if you are able to make it.



Miss Katelyn Boughen
Preschool to Year 2 Coordinator

Jane Manowski: 7- 12 Leader



I would like to introduce myself to our school community and encourage you to contact me if you have any queries.

In 2023 my role is 7 -12 Leader, and my leadership responsibilities include:

- 7- 12 Curriculum
- 7 - 12 One-Plans
- 7 – 12 Behaviour Management
- SACE management
- VET management
- Open Access management
- Literacy Support
- Line Management of SACE teachers

I am also teaching English in the 8 and 9/10 classes.

This year I am working part-time (0.6) and will be at Karoonda Area School on Mondays, Tuesdays and Fridays. I have been a part of the teaching staff at Karoonda since 2008 and have thoroughly enjoyed my time here. The school and community has so much to be proud of. However, this will be my last year, as I plan to retire in 2024. But who knows? I may miss everyone so much, that I'll apply to become a relief teacher.

Apparently, this is a regular newsletter gig, so you'll hear from me again soon, about our progress in the secondary classes.

FIRST WEEK BACK IN PRIMARY

A MESSAGE FROM PRIMARY LEADER EMILY EDWARDS



Welcome back everyone, what a great start we have already had to 2023!

My name is Emily Edwards and this year I will be the Primary leader for years 3-6 and I, alongside our Primary teaching staff, look forward to working with you and your children. A warm welcome to all our families, especially the new families who have joined us this year. Unlike the start of 2022, we have had a very settled start to the year and students are getting used to their class routines and expectations.

I would like to welcome a new addition to our Primary staffing team, Corey White. Corey will be the year 5/6 class teacher this year, coming to us from Port Broughton. Corey has already established positive relationships with staff and students and is looking forward to a great year with us at KAS.

We are also thrilled to welcome back Bridey Merritt this year. Bridey will be teaching alongside myself in the year 3/4 class as well as Initial-Lit 2. Bridey creates a fun, safe and structured learning environment for her students and her mindfulness routines have already proven to be effective, ensuring all students are engaged and ready to learn.

Already, our teachers have been working hard to ensure both classes have access to the swimming pool prior to the carnival this Friday. Students are fortunate to enjoy the warmer weather this week, refreshing learnt skills from last year and gaining confidence in readiness for Friday! How lucky are we to have this great facility!

Encouraging student voice is something I am passionate about and is a priority here at Karoonda Area School. We recognise that there are many young leaders within our school and to ensure we are empowering students to discover their leadership potential, for the very first time, we will be forming a Primary Student Representative Council (SRC). This will coincide with the Secondary SRC, where students will work together as a team to ensure everyone's voice is heard. We look forward to electing members over the next coming weeks so keep an eye out for some exciting news!

By now you would have also seen the new-look diaries! This year we are fortunate enough to be part of the Resilience Project school partnership program. This program aims to Inspire and Engage the whole school community, through the evidence-based GEM (Gratitude, Empathy and Mindfulness) principles. This is something we will gradually roll out, with staff already engaging in weekly sessions. Our aim is to begin working on embedding the GEM principles with our students later in the term. For now, feel free to explore the QR codes in the student diaries to learn more about this fantastic program and use the daily thought-provoking questions in the students' diaries to form positive discussions as a family.

What a fantastic start to the year we have had, I look forward to what is to come!



Swimming Carnival

This Friday 10th February 2023

9:30 am to 2:30 pm



Friday's Swimming Carnival will be run as a 'fun day' in the pool with the times from some races contributing to selection in the KANARA Interschool Swimming Team. This gives the students an opportunity to experience some different strokes in a friendly competition in preparation for Interschool competitions.

The events include:

RACES – Freestyle (100m, 50m & 25m), Kickboard (25m), Noodle (25m), Breaststroke (25m), Backstroke (25m). TEAM: Tube Relay, Yabbie Race, Medley relay, Freestyle Relay. INDIVIDUAL: Creative Entry, Big Bomb.

There is no expectation that each student should participate in every event. However participation in any events will receive points for their house.



What students are to bring: sunscreen, spare change of clothes/towels, money, goggles, etc.

There are also points up for grabs for best dressed student. This will be based on creativity and house pride. So start thinking of an outfit!

Lunch will be at 12 noon to 12:30 pm and will be again be provided by Cathies Café in a BBQ style (sausages, hamburgers, chicken steaks etc). There will also be cold drinks available on the day. No need to pre-order, payment on the day is fine!

The Canteen will be open for 15 minutes during lunchtime for icecreams, snack items only (lunches will be not be available/served from the canteen, please support Cathies Café)

Between 12:30 pm – 1:15 pm, our Reception – Year 2 children will be involved in the '**Splash**' event in the pool. You are more than welcome to come along as they show their skills with some pool games such as kickboard, dress up, grab the balls, etc.

Parents are more than welcome to attend the Swimming Carnival/Splash event!

Thanking you and hope to see you cheering on our students.

ALEX PFEIFFER
PE Teacher/Coordinator

Newsletter Printed Three Weekly

2023 will see the newsletter published three weekly. The newsletter will be sent out to families via email, SkoolBag and can be found on our website

www.kas.sa.edu.au.



Community members please contact the school if you would like to receive a hard copy of the newsletter in 2023 – a small cost will incur.



We also have an active **Facebook page** which will help with communicating information to families and the wider community.

Consent Forms

Consent forms were handed out upon collection of book packs. Could parents please return these forms **by end of this week**. It is important that the school has the latest up to date information for your child/ren to ensure details are accurate.



Karoonda Area School Uniform

To order online, please follow the link below:

Direct link to access the store:

<https://www.australianess.com.au/product-category/uniforms/school-wear/karoonda-area-school/>

Canteen News

Thank you to those who have kindly offered their time to run the Canteen. Students and staff really appreciate your support.



A canteen Pricelist is included in today's newsletter. You can also find this attached via SkoolBag. If you require lunch bags, please contact the school and we can send bags home with your child/ren. Payment via EFT/direct deposit is preferred, details are:

Canteen - Karoonda Area School

BSB 065-505

ACC 10291764

If you are wanting to know more about volunteering in the canteen or would like to place your name on the roster, please do not hesitate to contact me on 85781120.

DIONIE KERR

Canteen Manager/Business manager

This Week's Canteen Reminder

Monday	6/2	SRC – Snacks Only
Tuesday	7	SRC – Snacks Only
Wednesday	8	SRC – Snacks Only
Thursday	9	Emily Rudiger
Friday	10	CLOSED – SWIMMING CARNIVAL
Monday	13	SRC – Snacks Only
Tuesday	14	SRC – Snacks Only
Wednesday	15	SRC – Snacks Only
Thursday	16	Alanna Smith
Friday	17	Jezzimay Tomkinson
Monday	20	SRC – Snacks Only
Tuesday	21	SRC – Snacks Only
Wednesday	22	SRC – Snacks Only
Thursday	23	Julie-Ann Scrimshaw
Friday	24	Mandy Zadow
Monday	27	SRC – Snacks Only
Tuesday	28	SRC – Snacks Only
Wednesday	1/3	SRC – Snacks Only
Thursday	2	CLOSED – ATHLETICS DAY
Friday	3	CLOSED – STUDENT FREE DAY



Children's University Australasia is a voluntary program which empowers children to be in control of their education by allowing them to undertake extracurricular learning of their choice and rewarding them for their effort and positive choices.

Students who achieve 30 hours of extracurricular learning participate in a graduation ceremony to celebrate their achievements.

If you would like more info,
please speak to **Mrs Johnson**

<https://cuaustralasia.com/>

Facebook: ChildrensUniversityAdelaide

WHAT IS SCHOOL CARD?



School Card provides financial help to cover the cost of school fees.

WHO CAN APPLY?

To qualify for School Card, your family's income must be below a specific limit. This limit depends on how many children are in your care.

You must **also** meet at least one of the following:

- have a child or children aged four years or over who attend a school full time
- be an independent full-time student studying year 10, 11 or 12
- be an adult re-entry student undertaking subjects to complete SACE (years 11 and 12).

You can find more information and apply for School Card here:

www.sa.gov.au/education/schoolcard

HOW WILL I KNOW IF I AM APPROVED?

After you apply, you will receive a letter in the mail advising if your application has been approved. Please note, School Card is not a student identification card.

WHO CAN HELP ME APPLY?

If you would like more information or need help applying for School Card, please visit your child's school office and show this flyer.

Hi! I would like help to apply for School Card.



sa.gov.au/education/schoolcard



Government of South Australia
Department for Education

How to install the SkoolBag App

Instructions for parents



SkoolBag



For Apple Users

- From your iPhone/iPad, go to the Apple App Store and search for “SkoolBag”.
- Download the free SkoolBag app.
- Open the App and add your school(s) and you’re ready to go!
- Choose your grade/grades and “allow notifications”.

For Google Android Users

- From your Android device, ensure you have an account in the Google Play Store.
- Go to Google Play Store and search for “SkoolBag”.
- Download the free SkoolBag app.
- Open the app, add your school(s).
- Choose your grade/grades and “allow notifications”.

For more info visit skoolbag.com.au

Diary Dates

Term 1, 2023

February 2023

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10 KAS Swimming Carnival
13 Sapsasa Softball Trial - Lameroo	14	15	16	17
20 Interschool Swimming	21 'Meet and Greet' Gov Council AGM	22	23	24
27	28			

March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 KAS Athletics	3 Pupil Free Day
6	7	8	9	10
13 Adelaide Cup	14 Interschool Athletics - Karoonda	15 Naplan	16 Naplan	17 Naplan
20 Naplan	21 Governing Council Naplan	22 Naplan	23 Naplan	24 Naplan
27 Naplan	28 Sapsasas Boys & Girls Football Trials - Coonalpyn	29	30	31 SSSSA Athletics Farm Fair

April 2023

Monday	Tuesday	Wednesday	Thursday	Friday
3/ 4 Sapsasa Softball Carnival - Adel	4 Sapsasa Softball Carnival - Adel	5 Sapsasa Softball Carnival - Adel	6	7 Good Friday
10 Easter Monday	11	12	13	14

Storytime at the Karoonda Library

The first Karoonda Library Storytime for 2023 will be on
Wednesday Feb 8th at 10:00 am.

All families with children aged from birth to school age are welcome to join us for stories, songs, rhymes, dancing and craft. Our Storytime Stars program rewards children with certificates and books for attending Storytime with.

Storytime is held fortnightly during the school term following Playgroup, which is held each Wednesday of the term from 9am at the Karoonda Preschool.

Storybox Library

The library has a subscription to Storybox Library, and this can be accessed for no cost by our local families. The website contains videos of people reading Australian stories plus activities relating to the stories. It also has a selection of SA Premiers Reading Challenge stories. Go to: www.storyboxlibrary.com.au



Username: kas

Password: stories284

Library Lovers' Day

*Has your library enriched your life in big or small ways?
Is there something that your library does that no other public
service, or space, can do?
Is your world a better place because of your library?*



If the answer to any of these questions is yes, then we encourage you to use this Library Lovers' Day on February 14th as an opportunity to tell someone: tell your library, tell your networks, tell your friends.

During the week of Library Lovers' Day we will be celebrating our love for the library, books and reading by holding activities for the school children.

Library Lovers' Day for Community Members

Lucky Draw: Community members who visit the Library during the week will be able to enter our **lucky draw to win a book**. Simply write your name on a heart and place it in the sparkly red box and you could win one of 5 adult fiction books.



Do you judge a book by its cover? As part of our Library Lovers' Day celebrations, you can have a **blind date with a book** by choosing to borrow one of our displayed wrapped books – you won't know what the book is until you take it home and unwrap it! It might turn out to be a dud or it might be a diamond which you normally wouldn't have chosen.

Library Opening Times

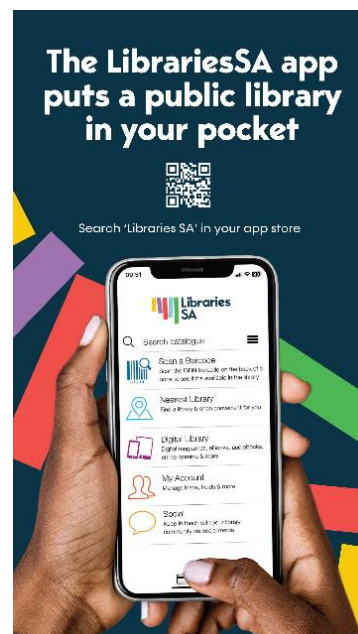
Monday	8:30 am – 5:00 pm
Tuesday	8:30 am - 3:30 pm
Wednesday	8:30 am – 5:00 pm
Thursday	8:30 am – 3:30 pm
Friday	8:30am – 5:00 pm

Closed to Community User
Mon - Fri 1:10 pm – 1:40 pm



Keep up to date with library news and information by liking our Facebook page

www.facebook.com/karoodascl



To contact the Library call 8578 1120 or email karooda.library@gmail.com

SUE MUSTER
Library Manager

KAREN NORMAN
CLA



Term 1, 2023

Free eSafety parent and carer webinars

Join eSafety's expert education team for a free live webinar designed for parents and carers.

Term 1 topics:

- **eSafety 101: how eSafety can help you (30 minutes)**
For parents and carers of young people in primary and secondary school.
- **Setting your child up for success online (30 minutes)**
For parents and carers of young people in primary school.
- **Getting the most out of gaming (45 minutes)**
For parents and carers of young people in primary and early secondary school.
- **Navigating online friendships (30 minutes)**
For parents and carers of young people in secondary school.

For more information and to register now: esafety.gov.au/parents/webinars



eSafety Commissioner

esafety.gov.au

Welcome Back!

And just like that it is February already. The holidays seem like they were a dream to some, however I am sure you all enjoyed the break and had a well-earned rest, taking the opportunity to wind down and relax.



I wish to welcome all families, those that are beginning their schooling journey and to families whose children are entering their final year of secondary education.

These 7 quick happiness tips below, nearly sum 'life' up. Some are harder than others.

Which one are you going to work on this week?

7 QUICK HAPPINESS TIPS

1. DESIGN YOUR OWN **LIFE**
2. DON'T TAKE THINGS **PERSONAL**
3. DON'T **LISTEN** TO GOSSIP
4. LOOK FOR THE **GOOD** IN EVERY SITUATION
5. DEVELOP AN ATTITUDE OF **GRATITUDE**
6. **LAUGH** MORE
7. ONCE IT'S PAST, **LET IT GO**

Peace Revolution
f i

I have also attached Free eSafety webinars for parents. The safety Commissioner is a government agency dedicated to keeping people safer online. Their website is worth looking at, as it has lots of valuable information.

With Swimming Carnival on Friday, my quote for you is,

‘When in doubt wear purple!’

Go LOWAN!!

KAREN NORMAN
PCW

Mallee Medical Practice Karoonda

Phone: 85791122 or alternatively ring 85690222

Book Online: <http://www.mannummedical.com.au/karoonda-medical/>

Mannum continue to offer support through telephone consults Monday to Friday
Dr Myrtle Stibbe will be happy to consult with Karoonda patients via phone



February

Wed 1st, Thurs 2nd, Fri 3rd Dr Greg Crafter
Wed 8th, Friday 10th Dr Myrtle Stibbe
Wed 15th, Thurs 16th Dr Greg Crafter
Friday 17th Dr Myrtle Stibbe
Wednesday 22nd Dr Kamila Wilczynska
Friday 24th Dr Myrtle Stibbe

March

Wed 1st, Thurs 2nd Dr Greg Crafter
Friday 3rd Dr Myrtle Stibbe
Wed 8th and Friday 10th Dr Myrtle Stibbe
Wed 15th, Thurs 16th Dr Greg Crafter
Friday 17th Dr M Stibbe
Wednesday 22nd Dr K Wilczynska
Friday 24th Dr Myrtle Stibbe
Wed 29th, Thurs 30th Dr Greg Crafter
Friday 31st Dr M Stibbe

~ Private Allied Health ~

Podiatrist - Giles Rositano

Friday 8th February

Friday 22nd March

Optometrist—Dion Stanbury

Wednesday 8th February

Wednesday 22nd March

Surgery Hours:

9:00 am – 5:00 pm

Closed for lunch 12:30 – 1:30 pm

Dates are subject to change



KAROONDA & DISTRICTS HISTORICAL
SOCIETY INVITES YOU TO



HISTORY FESTIVAL OPEN DAY

21ST MAY, 2023 ~ GATES OPEN AT 10AM

VINTAGE SHEARING PLANT ~ LIVE DEMO
SAUSAGE SIZZLE ~ GOLD COIN DONATION

PIONEER PARK
22 EAST TCE, KAROONDA SA

Enquiries: 08 8578 1004 ~ council@dckem.sa.gov.au

KAROONDA & DISTRICTS HISTORICAL SOCIETY ~ PIONEER PARK

WOOL STENCIL DISPLAY PROJECT



CALLOUT TO LOCAL FARMERS

**DON'T MISS THIS OPPORTUNITY FOR YOUR
FARM-BRAND TO BE DISPLAYED IN OUR MAIN
EXHIBITION SHED**

1. ROUND UP YOUR WOOL STENCILS
2. DROP THEM OFF TO A COLLECTION POINT
(STENCILS WILL BE RETURNED AFTER IMPRINTS ARE MADE)

DROP OFF POINTS:

- @ PIONEER PARK (SEE FACEBOOK PAGE FOR OPEN DATES)
- @ DIST. COUNCIL KAROONDA EAST MURRAY FRONT RECEPTION

You can also see an example of the stencil display at the
Karoonda Farm Fair & Show: Fri 31st March / Sat 1st April

Enquiries: 08 8578 1004 ~ jen.a@dckem.sa.gov.au

Sandwiches / Rolls / Wraps

Hyfibre Wholemeal bread and rolls

Filling: Cheese, Lettuce, Tomato, Carrot

Sandwich	Rolls
Cheese – Low Fat	4.00
Salad (No Meat)	4.00
Beef	4.00
Chicken	4.00
Leg Ham	4.00
Beef Salad	5.00
Chicken Salad	5.00
Leg Ham Salad	5.00

Fillings (extra cost)

Tomato	.30
Pickled Onions	.30
Grated Carrot	.30
Gherkins	.30
Lettuce	.30
Cheese	.50
Mayonnaise – Low Fat	.20
Tomato Sauce	No Charge



Hot Food with or without sauce

Hot Dog in Hyfibre Bread	3.50
Hot Dog in Hyfibre Roll	4.00
Hot Leg Ham and Cheese Hyfibre Roll	4.00
Hot Chicken Hyfibre Roll	4.00
Lasagne – Traditional	4.00
Spaghetti Bolognese Sauce	2.50
Cup of Noodles – Beef or Chicken	2.00
Cup of Soup – Chicken or Pumpkin	
McCues Low Fat Sausage Roll	4.00
McCues Low Fat Meat Pie	4.00
McCues Pizza Slice	4.00
Tomato Sauce	No Charge
If wanting a Squeazy Sauce Portion	.40 extra

The Canteen is open for snacks on Mondays, Tuesdays and Wednesdays

Hot Baked Potatoes

Homemade Spaghetti Bolognese topped with Low Fat Cheese

Lean Ham, Low Fat Cheese with Crushed Pineapple

Baked Beans and Low Fat Cheese

Squeazy Sauce Portion (Tomato, BBQ)

Hot Toasted Sandwiches

Low Fat Cheese

Baked Beans and Low Fat Cheese

Lean Ham, Low Fat Cheese & Tomato

Lean Ham and Low Fat Cheese

Hot Chicken Munchies

3 x Chicken Breast Wedges

Squeazy Sauce Portion

(Tomato, BBQ, Sweet Chilli)

Chips/Bars

Red Rock 28g

Juice/Water

Berri Fruit Juice – 350ml

Apple, Multi-V, Tropical

Bottled Water – 600ml

Fruit Box

Canteen is open on Thursdays and Fridays for lunches

Low Fat Dairy Products

Cheese and 5 crackers	3.50
Strawberry Milk	3.50
Chocolate Milk	3.50
Honeycomb Milk	3.50
Raspberry Twists	.15 each
Raspberry Twists	\$1.00 bags

Yoghurt Sticks No Longer Available

Icecreams

Quech Sticks	.50
Calippo Mini	1.00
Icy Twist	1.50
Paddle Pop (Rainbow, Banana, Chocolate)	2.00
Cyclone	2.50
Icecream Cup	1.20
Slushy Cup	2.00

➤ **Canteen volunteers will not toast or heat food brought from home.**

➤ Drinks and icecreams can be bought from the canteen during recess and after the eating bell at lunchtime.

➤ **Orders must be in by 9.30 am.** Children who forget to place their bags in classroom lunch baskets, please bring over to Canteen immediately and lunch will be prepared and put in the basket.

➤ **Only forgotten lunches** will be put on account. If children do not have correct money, no credit will be given.

➤ If you would like your child to have ordered food for **recess** please indicate on the lunch bag.

EFT Available

**Karonda Area School Canteen
BSB: 065-505 Acc: 10291764**